



The Remote Himalayas with Khandro Thrinlay Chodon

21th May - 10th June 2024

21 days & 20 nights - ex Jammu (arrival) and Delhi (return)

Monday 20/05/2024 or prior Delhi

Pilgrims will arrive in Delhi on or before this day to prepare for their journey to Jammu by flight or car. This can be arranged/booked either privately or through SSDT/Druk Expeditions as an "Extra". The pilgrimage starts in Jammu on 21st May. There are a few flights but we suggest Air India (AI821) as it has the included luggage of 25kg and leaves at 10.45am and arrives at 12.05 Total flight time is about 1 hour and 40 minutes. You need to be at the airport at least 2 hours prior to your flight to avoid any rush. There is now also a fast good train which departs at 6am and arrives Jammu at 12.40pm. Our agent Druk Expeditions can arrange either as an extra.

Tuesday 21/05/2024 Day 1 Jammu

Arrive in Jammu by Air. Met and transferred to your Hotel.
First formal gathering of our group will be at lunch in Jammu. Here you will be introduced to Khandro Rinpoche and other guests, given an introduction to the area and our journey together. Dinner is included and location TBA.
Overnight stay at Jammu.

Wednesday 22/05/24 Day 2 Paddar

Early morning departure for Gulabgarh-Paddar, which is a beautiful remote valley in Jammu & Kashmir's Kishtwar District and is appx. 273 Kms., 8 hours from Jammu. We will reach the Gompa late afternoon and will stay at Paddar Gompa for the next 4 Nights. Breakfast, lunch & dinner included.

Thursday 23/05/24 Day 3 Paddar

Celebration of Buddha Purnima (Birthday) with local people of Paddar.
Stay overnight at Paddar Gompa. Breakfast, lunch & dinner included.

Friday 24/05/24 Day 4. Paddar

Empowerment and Teaching by Khandro Rinpoche.
Stay overnight at Paddar Gompa. Breakfast, lunch & dinner included.

Saturday 25/5/24 Day 5 Paddar

Rest day at Paddar. Some miscellaneous program in consultation with Khandro Rinpoche.
Stay overnight at Paddar Gompa. Breakfast, lunch & dinner included.

Sunday 26/05/24 Day 6 Jammu

Today, we will start early morning after breakfast for the return to Jammu by road, appx. 273 Kms., 8 Hours. Reach Jammu by Evening. Lunch enroute and dinner at Jammu, location TBA.
Overnight stay at Jammu.

Monday 27/05/24 Day 7 Leh

Today, after Breakfast, we will take the flight from Jammu to Leh. It is the largest city and the joint capital of Ladakh. Air India flight AI 450 departing Jammu at 10:20 AM and arriving Leh at 11:20 AM. So we will reach Leh by noon and be transferred to the Hotel. Rest and continue to acclimatize. Stay at Leh for the next 3 Nights.
Overnight Stay at Leh hotel. Lunch and dinner included and location TBA.

Tuesday 28/05/24 Day 8 Leh

Day Sightseeing at Leh.
Overnight stay at Leh hotel. Breakfast included. Lunch and dinner included and location TBA.

Wednesday 29/5/24 Day 9 Leh

Teachings by Khandro Rinpoche.
Overnight stay at Leh hotel, Breakfast included. Lunch and dinner included and location TBA.

Thursday 30/05/24 Day 10 Mulbekh

Today we will checkout from Leh and start our journey for Mulbekh around 5 hours by road.
Reach Mulbekh by afternoon and take some rest.
Stay at Mulbekh in Gompa/Homestay for the next 4 nights. Breakfast, lunch and dinner included.

Friday 31/05/24 Day 11 Mulbekh

Day visit to Khachodling gompa opposite famous Chamba statue. Puja and other activities.

Overnight stay at Mulbekh in Gompa/Homestay.

Breakfast, lunch and dinner included.

Saturday 01/06/24 Day 12 Mulbekh

Teaching and Puja by Khandro Rinpoche

Tsok offerings.

Overnight stay at Mulbekh in Gompa/Homestay.

Breakfast, lunch and dinner included

Sunday 02/06/24 Day 13 Mulbekh

Reserve day for rest or visit to nearby Monasteries.

Overnight stay at Mulbekh in Gompa/Homestay.

Breakfast, lunch and dinner included

Monday 03/06/24 Day 14 Zanskar

Early departure for the drive to remote Zanskar, around 6-7 hours by road.

Stay at Zanskar in Hotel/Gompa for the next 4 Nights.

Breakfast and dinner included. Lunch will be arranged en-route.

Tuesday 04/06/24 Day 15 Zanskar

Visit to Khachodling Sani Nunnery.

Overnight stay at Zanskar at Hotel/Gompa.

Breakfast & dinner included. Lunch included and location TBA.

Wednesday 05/06/24 Day 16 Zanskar

Community Program at Zanskar.

Overnight stay at Zanskar at Hotel/Gompa.

Breakfast & dinner included. Lunch included and location TBA.

Thursday 06/06/24 Day 17 Zanskar

This is our last day at Zanskar. Visit the Shabdrung Photang (palace) in Padum.

There will be long life (Tsewang) ceremony at the Photang

Overnight stay at Zanskar at Hotel/Gompa.

Breakfast & dinner included. Lunch included and location TBA.

Friday 07/06/24 Day 18 Manali

Our Visit to Zanskar is at its end and today we journey to Manali. It is around 8 hours journey by road.

Overnight stay at Aloka Resort, Manali. Breakfast and dinner Included.

Lunch will also be arranged either at hotel or outside (TBA).

Saturday 08/06/24 Day 19 Manali

This morning is for relaxation and catch up while in the beautiful rooms and facilities of the modern at Aloka Resort. You will enjoy refreshing everything after your stay in the remoteness of Mulbekh and Zanskar.

Overnight stay at Aloka Rosort, Breakfast and dinner included. Lunch will be arranged either at hotel and outside (TBA).

Sunday 09/06/26 Day 20 Manali

Visit Drukpa Gompa in the morning. It is the local residence of H.H. 9th Shabdrung and Khandro Rinpoche. You will be provided tea and after that we will visit the Naggar Castle. This is our last day at Manali. You can also do some last minute shopping or buy some souvenirs.

Overnight stay at Aloka Resort. Breakfast and dinner included. Lunch will also be arranged outside (TBA).

Monday 10/06/26 Day 21 Delhi

Early morning departure for our drive back to Delhi by Road. (Approx 10 hours)

The Pilgrimage cost concludes with your drop at your Delhi hotel. Your place of stay on this evening will be arranged privately or by SSDT/Druk Expeditions as an "Extra".

Breakfast included but lunch on the way and dinner on arrival NOT included.

Take you happy memories back home with you.

General Inclusions:

Night accommodation on twin sharing basis as noted in the itinerary

Breakfast at Hotels (lunch & dinner will also be arranged and location TBA)

Breakfast & Dinner at Aloka Resorts, Manali

All meals at remote areas of Paddar, Mulbekh and Zanskar

Transport Inclusions:

Jammu Airport pick-up & drop

Leh Airport pick-up

Leh to Mulbekh, Zanskar and Manali

Manali to Delhi Hotel drop by road

General & Transport Exclusions:

All international and domestic air fares (billed separately)
Any transport not specified in the Itinerary
Any Monument/Temple entry fee, Puja offerings
Any lunch or dinner during the trip except where stated as included
Water apart from complementary at hotel
Any transportation to visit local market or in and around towns or transit other than specifically stated in the itinerary
Any sightseeing or excursion not mentioned in the itinerary
Any other activity not mentioned in the itinerary
Any item of personal requirement such as drinks, laundry, telephone etc.
Any medical or evacuation expenses
Any type of insurance like personal, medical travel etc.
Any unforeseen circumstances such as medical illness, natural disaster, road blockages which are beyond our control
Any services not mentioned in the inclusions

Air fare costs (Billed Separately)**1. Air Fare (to be billed in a Separately invoice)**

Delhi-Jammu flight charges
Jammu-Leh flight charges

DRUK EXPEDITIONS

Dates

The pilgrimage starts in Jammu on 21st of May and concludes on 10th of June when you are dropped at your departure accommodation early evening of 10th June.

Arrival to Jammu by Flight leaves delhi early morning of the 21st May. Arrive at airport at 4am for the Alliance Air flight 9I 805 to Kullu via Chandigarh. Departs 6.05am arrives 8.15am. You will be met at Jammu airport and transferred by taxi to your hotel, where you may rest and settle into your hotel room.

Arrival to Jammu by Car or Bus / train- Jammu is approx 600 Kms., 10-12 hrs drive from Delhi. There are overnight buses available and will drop you in Jammu early in the morning. There is now also a fast good train which departs at 6am and arrives Jammu at 12.40pm.

Our agent Druk Expeditions can arrange either as an extra.

Transport can be arranged by our travel agents Druk Expeditions.